Table1. Characteristics of the study subjects Patients (n=180)

Characteristics	$\bar{x} \pm SD$
Age (years)	33.0±5.4
Height (cm)	162.0±6.9
BMI before pregnancy (kg/m2)	27.1±5.9
Body weight at the first examination (kg)	71.5±17.3
Systolic blood pressure (mmHg)	121.1±15.7
Diastolic blood pressure (mmHg)	77.8±11.9
BMI before pregnancy: Normal: 44.2%, Overweight: 22.7%, Obese: 33.1%	
Patients using insulin therapy: 74/180 (41.1%)	